# **BLACKHAWK SCHOOL DISTRICT**

### Curriculum

Course: Computer
Grade: 3-5
Periods per week: 1

Authors:

October 12, 2015

### **MISSION STATEMENT:**

technology as well as the role it plays in the changing world around us by fostering curiosity, developing inquiry skills, and creating an The goal of computer education is to develop within students an understanding of types, applications and appropriate uses of excitement for learning.

### COURSE DESCRIPTION:

emphasizes critical thinking skills and the utility of technology as a life skill, communication, career and recreation. Although it will be taught most Third through Fifth Computer is designed to introduce basic computer and integrated technology concepts practical everyday use. This course frequently in an integrated fashion, the intent is that some part of these standards are included in lessons a minimum of once per week

# PA Common Core Standards for Reading and Writing in Science and Technical Subjects:

Pennsylvania Department of Education has released standards that describe how students are to be able to utilize computers and other technology in the classrooms integrated with science, social studies, mathematics, English language in reading and writing, grade 3 through 5.

### **ESSENTIAL QUESTIONS:**

decision-making. In addition, they are kid friendly so that students can easily understand them. Essential questions are meant to be shared with students Essential questions are the heart of the curriculum. Essential questions are conceptual commitments that teachers will use to guide instructional in either discussion or posting in the classroom. Essential questions provide the focus for teaching and learning. The following are the Essential Questions for this class:

Assessing Essential questions is key to a robust curriculum. If Essential Questions are the focal point of learning, how then do we assess students? The following is an overview of recommended assessments to the Essential Questions. In addition, Differentiated learning opportunities are embedded as

### ROBUST VOCABULARY

language development of both lower and high level learners. In addition, robust vocabulary instruction helps prepare students for SATs, upper level high school classes, and college. "Studies showed that robust instruction was quite effective not only for learning the meanings of words but also Robust vocabulary words are Tier 2 words, meaning that they are complex, powerful, and generalizable. Robust vocabulary words support for affecting reading comprehension." (p. 2 Bringing Words to Life)

Teachers are asked to commit to teaching and students USING these words throughout the entire year. Using a variety of instructional strategies, students will learn the meaning of these words in a deep and meaningful way in this content and across other content areas.

Standard Category	Essential questions [EQ?]	Proposed labs / lessons	Resources / Materials
Standard Area - 15.4: Computer and Information Technologies Standards: Anchor	Essential Question Assessment.{EQA]		Suggested Optional
15.4.5.A: Identify emerging technologies used for educational and personal success.	EQ: In what ways are technology important to me and my world?  EQA: Identify technology use and role in various careers and its utility in school on Paws in Jobland activities.	Career lessons; community workers in social studies	Paws in Jobland, News-o -Matic
<b>15.4.5.B:</b> Identify and demonstrate understanding of	EQ: How and why is the internet used in a safe way?	Cyber ethics, safety and cyberbullying during Olweus meetings	Lessons available in G drive: lessons
ethical, safe, and social online behavior and potential consequences of unethical, unsafe, and inappropriate behavior.	EQA: Through written assessment and ongoing observation, students will demonstrate		Paws in Jobland, AR, webpage, News-o-Matic, Think Central
Login to a variety of technology devices to access software and network resources			Paws in Jobland

Standard Category	Essential questions [EQ?]	Proposed labs / lessons	Resources / Materials
Standard Area - 15.4: Computer and Information Technologies Standards: Anchor	Essential Question Assessment.{EQA]		Suggested Optional
15.4.5.C: Describe the purpose, use, and care of peripheral devices of computer systems including input, processing, storage, and output devices.			Plant Life Cycle multi-media Lesson- on G-drive Paws in Jobland
<b>15.4.5.D:</b> Demonstrate the ergonomically correct use of more sophisticated input technologies.	EQ: Why is it important to use proper form while using technology? [What is the correct stance, posture, etc. to sue when using the computer to avoid long term injury?]  EQA: Demonstrate proper posture and hand placement.	Keyboard lesson including lesson on correct seating and hand position.	Power point and lesson on the g-drive,  https://www.youtube.com/watch?v=vXsutlz0GiQ  Websites:  http://www.bbc.co.uk/guides/z3c6tfr  keyboarding games
<ul> <li>15.4.5.G: Create a digital project using appropriate software/application for an authentic task.</li> <li>15.4.5.K: Use digital media to enhance a content-specific work product</li> </ul>	EQ: How can technology be used to complete an authentic task or project?  EQA: create a digital project; Power Point or other digital project to complement content area study.	Digital Scavenger hunt Power point Research project	See lesson on G-drive for example digital scavenger hunt <a href="http://www.actden.com/pp/index.htm">http://www.actden.com/pp/index.htm</a> [power point lesson website] Plant Life Cycle multi-media Lesson- on G-drive Paws in Jobland

Standard Category	Essential questions [EQ?]	Proposed labs / lessons	Resources / Materials	
Standard Area - 15.4: Computer and Information Technologies Standards: Anchor	Essential Question Assessment.{EQA]		Suggested Optional	
<b>15.4.5.L:</b> Discuss the characteristics of a credible website.	EQ: What differentiates credible websites from less credible sites? EQA: Students will determine the credibility of websites through researching their sources using set questions.	Lesson on Characteristics / questions to ask when evaluating websites	Evaluation questions sheet on gdrive  http://21cif.com/wsi/index.html [Advanced: WSI: WebSite Invest.]	
<b>15.4.5.M:</b> Discuss the impact of emerging technologies on a variety of careers.	EQ: How do technological advances change careers and career opportunities? EQA: Identify careers that have changed or created by technology.	Social Studies; community studies; Guidance career awareness lessons	Paws in Jobland	



### **Field Trip Request**

Please forward a hard copy of this document to your building principal.

Name of Lead Sponsoring Teacher: Sarah Shuleski Date request submitted: 11/9/15
Date(s) of Field Trip: April 21 2016 Title of Field Trip: YSU English Festival
Names of other Teachers in attendance: Dana Cox and Lauren Bartoe
Group or class: 7th and 8th grade School: Highland Middle School Duration of Trip: One school day
Location of Trip: Youngstown State University Number of Students involved: 30
Substitute required: YES NO Number of days of substitute time: 1
Bus costs: partially paid by stude Private cars (whose): n/a
Financial support promised from other agencies (Student Council, PTO, etc.): \$8 per student registration paid by student activities account
Other expenses: None
Expenses are budgeted Expenses collected from students Expenses collected from other
Statement of educational value: Students prepare for the festival by reading seven young adult novels which will also contribute to their AR points. While attending the festival students will have the opportunity to participate in writing workshops, trivia games and lectures.
Signature of Lead Sponsoring Teacher: Authority Date: 11915
Signature of Building Principal/Superintendent Date:

<sup>\*</sup>Building office: Please forward this document to the Superintendent's Secretary at District Office.



### Blackhawk School District Field Trip Request

Please forward a hard copy of this document to your building principal.

Name of Lead Sponsoring Teacher: Zaccari	Date red	uest submitted: 11/3/20	15
Date(s) of Field Trip: 12/21/2015	Title of Field Trip: HS/HI	MS Side By Side	Band
	0 I E107	SEE NAME A	
Names of other Teachers in attendance: Zaccari and	l Hoydich		
Group or class: High School Band School	High School C	Ouration of Trip: 2 hours	-
Location of Trip: Highland Middle School	Number of Students invo	lved: 40	
Substitute required: YES NO	Number of days of substitute	time: 0	<del>-</del>
Bus costs: 1 bus Private cars (whose):_			
Financial support promised from other agencies (Student	Council, PTO, etc.):		
Other expenses: Lunch provided by Band Bo	osters		
Expenses are budgeted Expenses col	lected from students	Expenses collected	from other
Statement of educational value: Students from the high school band will rehea and 8th Grade Band at HMS, and "carol" arou	rse holiday songs side-b	y-side with membe	ers of the 7th
and sur Grade Barid at Hivis, and Carol arou	nd the school.		
Signature of Lead Sponsoring Teacher	7	Date:/	13/15
Signature of Building Principal/Superintendent:	Sut 1/	Date:	11/5/12

\*Building office: Please forward this document to the Superintendent's Secretary at District Office.



### **Field Trip Request**

Please forward a hard copy of this document to your building principal.

Name of Lead Sponsoring Teacher: Jeff Tripodi	Date request submitted: 10.28.2015
Date(s) of Field Trip: 11.25.2015	Title of Field Trip: Pittsburgh 1892: Industry, Society, and Conflict
Names of other Teachers in attendance: Ashley Bieg	a
Group or class: Honors History 9 School:	Blackhawk High School Duration of Trip: One day
Location of Trip: Frick Art and Historical Center	Number of Students involved: 35-40
Substitute required: YES NO	Number of days of substitute time: 1
Bus costs: \$500 Private cars (whose):	
Financial support promised from other agencies (Student	Council, PTO, etc.):
Other expenses: Student registration (\$240 to	otal)
Expenses are budgeted Expenses colle	ected from students Expenses collected from other
Statement of educational value: Students extend their study of Frick, Carnegie, docent-led tour of the Henry Clay Frick estate i	and the Homestead Strike with a specially developed, n the East End of Pittsburgh.
Signature of Lead Sponsoring Teacher:	Date: 10.28.295
Signature of Building Principal/Superintendent:	Juni 7 1/2 Date: 10/30/15
*Building office: Please forward this document to the	E Superintendent's Secretary at District Office.



### **Field Trip Request**

Please forward a hard copy of this document to your building principal.

Name of Lead Sponsoring Teacher: Andy Yuhaniak	Date request submitted: 11/2/15
Date(s) of Field Trip: November 24, 2015	Title of Field Trip: CCAC Skilled Trades and Service Fair
Names of other Teachers in attendance:	
Group or class: Transition School:	BHS Duration of Trip: 1 day
Location of Trip: CCAC-Oakdale	Number of Students involved: 6
Substitute required: YES VO NO	lumber of days of substitute time:
Bus costs: none Private cars (whose): So	chool van
Financial support promised from other agencies (Student C	Council, PTO, etc.):
Other expenses:	
Expenses are budgeted Expenses colle	cted from students Expenses collected from other
Statement of educational value:  IEP students are required to attend transition activitie hands-on student contests and live trade demonstrati	s throughout the year. This activity allows students to attend ons throughout the day in various interest of trades.
Signature of Lead Sponsoring Teacher:	Date:
Signature of Building Principal/Superintendent:	Melan ( ) Date: 10/2/15
*Building office: Please forward this document to the	Superintendent's Secretary at District Office.



### **Field Trip Request**

Please forward a hard copy of this document to your building principal.

Name of Lead Sponsoring Teacher: Andy Yuhaniak Date	request submitted: 11/2/15			
Date(s) of Field Trip: November 24, 2015 Title of Field Trip: CC	AC Skilled Trades and Service Fair			
Names of other Teachers in attendance:				
Group or class: Transition School: BHS	Duration of Trip: 1 day			
Location of Trip: CCAC-Oakdale Number of Students involved: 6				
Substitute required: YES VO Number of days of substitute time:				
Bus costs: none Private cars (whose): School van				
Financial support promised from other agencies (Student Council, PTO, etc.):				
Other expenses:				
Expenses are budgeted Expenses collected from students Expenses collected from other				
Statement of educational value:  IEP students are required to attend transition activities throughout the year. This activity allows students to attend hands-on student contests and live trade demonstrations throughout the day in various interest of trades.				
Signature of Lead Sponsoring Teacher:  Date: 11/3/15  Signature of Building Principal/Superintendent:				
Signature of Building Principal/Superintendent:	Date: 10/2/15			

\*Building office: Please forward this document to the Superintendent's Secretary at District Office.



### **Field Trip Request**

Please forward a hard copy of this document to your building principal.

Name of Lead Sponsoring Teacher: PRIDE Date request submitted: 11.2.15
Date(s) of Field Trip: Friday Dec 4 Title of Field Trip: Special Olympics Bowl Tournament
Names of other Teachers in attendance: De Claudio, Sarver, Vowler, Brown
Group or class: PRIDE School: BIS BHS Duration of Trip: School da
Location of Trip: Sim.s Bowling Alley Number of Students involved: 10-15
Substitute required: YES NO Number of days of substitute time:
Bus costs: Private cars (whose):
Financial support promised from other agencies (Student Council, PTO, etc.):
Other expenses: Athletes would all receive a lunch from
SOBC  Expenses are budgeted Expenses collected from students Expenses collected from other  ACCESS/SO EJ
Statement of educational value: Students will participate in athletic competition With their peers through special orympics.
Signature of Lead Sponsoring Teacher May News - PRIDE Staff Date: 11.2.15
Signature of Building Principal/Superintendent: Date: 11-2-15



### **Field Trip Request**

Please forward a hard copy of this document to your building principal.

ricuse for ward a mand copy of this document to your building principals
Name of Lead Sponsoring Teacher: Nate Goodrich  Date request submitted: 11-2-15
Date(s) of Field Trip: Title of Field Trip: District 2,3,5 Orchestra
Names of other Teachers in attendance: None
Group or class: BHS Orchestra School: BHS Duration of Trip: 3 Days 2 nights
Location of Trip: Meadville HS Number of Students involved: 7 students
Substitute required: YES NO Number of days of substitute time: 2
Bus costs: 400.00 Private cars (whose): None
Financial support promised from other agencies (Student Council, PTO, etc.):
Other expenses: Approx.\$125.00 fee per student Also see Conference request sheet
Expenses are budgeted Expenses collected from students Expenses collected from other
Statement of educational value:  District 2,3,5 Orchestra offers an excellent opportunity for students to perform in an over 150 piece student Orchestra under the direction of a professional conductor.
Signature of Lead Sponsoring Teacher: Math & Hodriel Date: 11/2/15
Signature of Building Principal/Superintendent: Aut Mb Date: 11/13/15
*Building office: Please forward this document to the Superintendent's Secretary at District Office.  Form 0-143  Revised 08/2011



### **Field Trip Request**

Please forward a hard copy of this document to your building principal.

Name of Lead Sponsoring Teacher: Nate Goodrich	Date request submitted: 11-5-15
Date(s) of Field Trip: 2/25/16-2/27/16	Title of Field Trip: Western Region Orchestra
Names of other Teachers in attendance: None	
Group or class: BHS Orchestra School: B	HS Duration of Trip: 3 Days
Location of Trip: State College High School State College, PA	Number of Students involved: 2-4 (pending audition results)
Substitute required: YES NO Nu	mber of days of substitute time: 2
Bus costs: 400.00 Private cars (whose):	
Financial support promised from other agencies (Student Co	uncil, PTO, etc.): <b>NONE</b>
Other expenses: Approx. 125.00 Fee per stud	ent and also see Conference Request sheet
Expenses are budgeted Expenses collect	ed from students Expenses collected from other
Statement of educational value:	
	or advanced musicians to participate in a 150 student
Orchestra comprised of the best student musician	•
Signature of Lead Sponsoring Teacher:	Date: 11-16-5
Signature of Building Principal/Superintendent:	47 Date: 4/3/15

\*Building office: Please forward this document to the Superintendent's Secretary at District Office.



### **Conference Request**

Please forward a hard copy of this document to your building principal.

Employee Name: Susan Hullhy Building	where Employed:	HS
Name of Meeting, Event, or Conference: 10th Annual	School NWW In	-Service
Location of Conference: New Castle (Villa)		
Conference Beginning Date: /-/8-/6 Confe	rence End Date: / / / \$	16
Purpose of Attendance: School Nuise Updates (Please list subject or purpose of confe	· Information/	Training
(Please list subject or purpose of confe	rence. Ex: Curriculum, T	itle I, Math)
Substitute Needed: Yes No Dates Absent from So	chool:	
Estimated Expenses: Travel 35 Meals	Lodging	Other 40 -
Budgeted(yes/no)		Total\$
Employee Signature: Stellehan RN	Date <u>: /0 7 /5</u>	
Principal Signature:	Date: 10/7/15	ÁSN#:
	, ,	
Superintendent Signature:	Date:	

Note: If you have a conference registration form to fill out and send in, please do so and attach a copy to this form. District Office will not make reservations-each employee should do this on his/her own.

### School Nurse In-service - Jan. 18th 2016

10th Annual School Nurse Inservice January 18th, 2016 The VIlla- just down from the PSEA building Time 8:45am program begins, 8:15am- 8:45am registration

\* Required

Name \*

Susan Hullihan

School District \*

Blackhawk

Professional Development Number (AUN#, Act 48 Number) \*

2808645

Email Address that you can be reached. \*

hullihensabsd. Kla-pa. us

Telephone Number you can be reached if needed. \*

724 346 9600 #2005

Never submit passwords through Google Forms.

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### 10th ANNUAL SCHOOL NURSE IN-SERVICE

Program starts at 8:30am until 3:40pm

### Presentation Topics: Anaphylaxis/Epi-Pen Training for the School Nurse

(Train the Trainer Program)

Drug Overdose Prevention and Training (First Responders, Narcan Training/use in the school)

**Suicide Prevention Training QPR** 

(meets 2 hours of the 4 required in suicide prevention training over the next 5 years)

Child abuse laws and how to interpreted in schools

Monday, January 18, 2016

Registration from 8:00am-8:20am

Program Start Time: 8:30am-3:40pm

The Villa (Medure's Catering)

(Rt. 422 East, New Castle, just down the road towards New Castle from the PSEA building (THE ENTRANCE AND PARKING ARE BEHIND WHICH IS ACCESSED VIA HOOVER ROAD)

2500 New Butler Road New Castle, PA 16101

### COST \$40 Please make check out to: Lawrence County School Nurses Association

Lunch menu: Steak & Chicken Salad Buffet, Vegetable and Cream of Potato Soups, dessert

PLEASE RSVP BY COMPLETING THE GOOGLE DOC FORM AT THE LINK BELOW AND SEDNING IN YOUR MONEY TO LORI DADO.

https://docs.google.com/spreadsheet/viewform?formkey=dHdvWmE1OE9mWi1Ya0h3VldMdU5xWHc6MO

(Hold Control key and click internet address to open document or copy and paste link to access)

Send payment to:

### Please make checks out to Lawrence County School Nurses Association.

Send to:

Lori Dado, Laurel High School 2497 Harlansburg Road, New Castle, PA 16101

TELEPHONE AND EMAIL IF NEEDED FOR QUESTIONS: <u>LDADO@LAUREL.K12.PA.US</u>
OR 724 598 9932

Applied for 6.0 HOURS OF ACT 48 CREDITS TO BE AWARDED THIS WILL TBD BY DEPT. OF HEALTH PLEASE TAKE ADVANTAGE OF THIS GREAT OPPORTUNITY TO NETWORK AND GET VALUABLE INFORMATION!

### PLEASE RSVP BY 1/4/2016 AT 3:00PM



### **Conference Request**

Please forward a hard copy of this document to your building principal.

Employee Name: Kottle Singletary Building	where Employed: Highland
Name of Meeting, Event, or Conference: FBA Train	ning
Location of Conference: BVIU	38
January 12, 2015 (Mut	st attend both days)
January 12, 2015 (Mus. Conference Beginning Date: March 23, 2015 Conference	rence End Date:
Purpose of Attendance: <u>Learning</u> Support / (Please list subject or purpose of confe	
Substitute Needed: Yes No Dates Absent from So	chool: Jan 12th/March 23rd
Estimated Expenses: Travel Meals	Lodging Other
Budgeted(yes/no)	Total\$
Employee Signature: Katu Singletary	Date:
Principal Signature:	Date: 11.5.15 ASN#: (\$380 (\$40)
Superintendent Signature:	Date:

Note: If you have a conference registration form to fill out and send in, please do so and attach a copy to this form. District Office will not make reservations-each employee should do this on his/her own.



### **Conference Request**

Please forward a hard copy of this document to your building principal. This form must be completed and submitted with the above request form.

Employee Name: Katie Sigletary Building where Employed: Highland

Name of Meeting, Event, or Conference: FBA Training
1. What is the reason that you wish to attend this workshop/conference? What is the purpose of the conference?  TWOULD like to affect this training for more information on aleveloping positive behavior support plans and to learn new strategies to promote positive behavior in the constroom.
The purpose of the training is educate on the facilitation of the functional Behavior Assessment process and to Ossist with developing Positive Behavior support plans.
2. How will this conference benefit you and the students in the District? How will this conference increase student
As a Learning Support Teacher, I see students with all sorts of behaviors and coping issues. This conference will help expand my knowledge of hehavior support plans and how to effectively carry my behavior support plans to staff + students. This will help increase the will learn ways to help climinate behind students and stay in the class room.
3. How will you disseminate the information you acquire from this conference to other staff members in the District?
I will provide information and notes to other learning support teachers that will help them create PBSP and educate the content teachers on the moterial specific to their students needs.
4. Did you attend this conference last year? Yes No



### **Conference Request**

Please forward a hard copy of this document to your building principal.

Employee Name: Amanda Wertz	Building where Employed: Highland Middle School
Name of Meeting, Event, or Conference: FBA Train	ning
Location of Conference: BVIU	<del></del>
January 12, 2016 Conference Beginning Date: March 23, 2016	(must attend both days) Conference End Date:
Purpose of Attendance: Learning Suppose (Please list subject or purpose	ct   Positive Benavior Support Plans e of conference. Ex: Curriculum, Title I, Math)
Substitute Needed: Yes No Dates Abse	nt from School: Jan. 12   March 23
Estimated Expenses: Travel Meals(  Budgeted(yes/no)	
Employee Signature: Omanda West	Date <u>:</u>
Principal Signature:	Date: 11/15 ASN#: 6080.
Superintendent Signature:	Date:

Note: If you have a conference registration form to fill out and send in, please do so and attach a copy to this form. District Office will not make reservations-each employee should do this on his/her own.



### **Conference Request**

Please forward a hard copy of this document to your building principal. This form must be completed and submitted with the above request form.

Employee Name: #Manda Wert Building where Employed: ## 150
Name of Meeting, Event, or Conference: FBA Training
1. What is the reason that you wish to attend this workshop/conference? What is the purpose of the conference?
I would like to attend this training to gain more knowledge on developing effective. Positive Behavior Support Plans as well as learn new strategies to implement in the classroom to promote positive behaviors. The purpose of this training is to educate on the facilitation of the FBA process and to assist with developing Positive Behavior Support Plans.  2. How will this conference benefit you and the students in the District? How will this conference increase student performance?
As a middle School learning support teacher. I work with students who struggle with behaviors and coping skills daily. This conference will provide me with new knowledge on now to effectively support and help my students through the use of Beho support Plans. This in turn will create a better tearning experience for many students.  3. How will you disseminate the information you acquire from this conference to other staff members in the District?
I will provide my notes + new learned information to other learning support teachers in the district. I will also provide information to content teachers if necessary.
4. Did you attend this conference last year?  Yes  No



### **Conference Request**

Please forward a hard copy of this document to your building principal.

Employee Name: Jack Fullen	Building where Employed: Blackhawk High School
Name of Meeting, Event, or Conference: P.A.S.D.A	. Conference
Location of Conference: Hershey, PA	
Conference Beginning Date: 3/15/16	Conference End Date: 3/19/15
Purpose of Attendance: State Athletic Directors (Please list subject or purpos	Conference e of conference. Ex: Curriculum, Title I, Math)
Substitute Needed: Yes No Dates Abse	nt from School:
	50 Lodging \$875 Other Reg. \$225
Budgeted Yes (yes/no)  Employee Signature:	Date: /1-13-11
Principal Signature:	Date: ASN#:
Superintendent Signature:	Date:

Note: If you have a conference registration form to fill out and send in, please do so and attach a copy to this form. District Office will not make reservations-each employee should do this on his/her own.



### **Conference Request**

Please forward a hard copy of this document to your building principal.

Employee Name: Nate Goodrich	Building where Employed: BHS/HMS/BIS
Name of Meeting, Event, or Conference: Western	
Location of Conference: State College High Sch	ool, PA
Conference Beginning Date: 2/25/16	Conference End Date: 2/27/16
Purpose of Attendance: 2-4 students from BHS (Please list subject or purpose)	Orchestra will be performing at the festival se of conference. Ex: Curriculum, Title I, Math)
Substitute Needed: Yes ✓ No Dates Abso	ent from School: 2/25/16 and 2/26/16
Estimated Expenses: Travel 150.00 Meals 10	
Employee Signature:	Date: 17/5/15
Principal Signature: Wams	Date:
Superintendent Signature:	Date: 11/13/15

Note: If you have a conference registration form to fill out and send in, please do so and attach a copy to this form. District Office will not make reservations-each employee should do this on his/her own.



### **Conference Request**

Please forward a hard copy of this document to your building principal. This form must be completed and submitted with the above request form.

Employee Name: Nate Goodrich Building where Employed: BHS/HMS/BIS
Name of Meeting, Event, or Conference: Western Region Orchestra
1. What is the reason that you wish to attend this workshop/conference? What is the purpose of the conference?  2-4 Students will make Western Region Orchestra this year and participate in the festival. PMEA requires that a lead teacher be present for supervision.  Also, there are professional development workshops that will benefit me as
2. How will this conference benefit you and the students in the District? How will this conference increase student performance?  This festival will greatly benefit student performance as the stadents bring back new skills. I will also benefit from the dissussion with other colleges.
3. How will you disseminate the information you acquire from this conference to other staff members in the District?  As always I will share all the knowledge I acquire with my collegess  when I return from the festives. I will do this via e-mail and  in dependent meetings.
4. Did you attend this conference last year?  No

Yes )



### **Conference Request**

Please forward a hard copy of this document to your building principal.

Employee Name: Nate Goodrich	Building where Employed: BHS/HMS/BIS
Name of Meeting, Event, or Conference: District 2,3	3,5 Orchestra
Location of Conference: Meadville, PA	
Conference Beginning Date: 1/14/16	Conference End Date: 1/16/16
Purpose of Attendance: 6 students from BHS Or (Please list subject or purpose)	e of conference. Ex: Curriculum, Title I, Math)
Substitute Needed: Yes No Dates Abse	nt from School: 1/14/16 and 1/15/16
Estimated Expenses: Travel 150.00 Meals 100	Totals 500,00
Budgeted yes (yes/ng)  Employee Signature:	Date: 11/5/15
Principal Signature:	Date: 11/18//SASN#:  Date: 11-16-15

Note: If you have a conference registration form to fill out and send in, please do so and attach a copy to this form. **District Office will not make reservations-each employee should do this on his/her own.** 



### **Conference Request**

Please forward a hard copy of this document to your building principal. This form must be completed and submitted with the above request form.

Employee Name: Nate Goodrich Building where Employed: BHS/HM5/BIS
Name of Meeting, Event, or Conference: District 2, 3, 5 Orchestra Festival
1. What is the reason that you wish to attend this workshop/conference? What is the purpose of the conference?  Six students from BHS Orchestra qualified to participate in this festival. PMEA requires that a lead teacher be present for supervision.  Also, there are prefessional development workshops that will benefit me
festival. PMEA requires that a lead teather be present for supervision.
Also there are protessional development workshops that will Denetit me as an educator
2. How will this conference benefit you and the students in the District? How will this conference increase student performance?  This festival will greatly benefit student performance as the students bring back new skills. I will also benefit from the discussions with Jother colleges and professional development.
3. How will you disseminate the information you acquire from this conference to other staff members in the District?  As always I will share all the Knowledge I acquire with my collegess  when I return from the festival. I will do this via e-noil land in department meetings.
4. Did you attend this conference last year?

# Blackhawk Athletic / Activity Department Transaction List by Date

Amount		40.00	40.00	40.00	-70.00	-70.00	-55.00	-55 00	-55.00	-55.00	00.296-	- 50.00	-50.00	-50.00	-55.00	-55.00	-120.00	-120.00	45.00	45.00	45.00	45.00	45.00	45.00	00:08-	243 00	1.080.00	45.00	45.00	-120.00	-120.00	-70.00	-55.00	-55.00	-50.00	-20.00	40.00	40.00	-50.00	-20.00	-50.00	-55.00	-50.00	-50.00	-20.00	-25.00	-25.00	-20.00	-70.00
Split		Football	Football	Football	Bov's Soccer	Boy's Soccer	Girl's Basketball	Girl's Basketball	Girl's Basketball	Girl's Basketball	Varsity Football	Football	Football	Football	Girl's Basketball	Girl's Basketball	Bov's Soccer	Girl's Soccer	Girl's Soccer	Girl's Soccer	Bov's Soccer	Bov's Soccer	Girl's Soccer	Girl's Soccer	Miscellaneous	Varsity Football	MAC Golf	Bov's Soccer	Boy's Soccer	Boy's Soccer	Boy's Soccer	Boy's Soccer	Ticket Seller	Ticket Seller	Ticket Taker	Ticket Taker	Football	Varsity	Varsity	Field Manager	Misc. Functions	Football	Parking	Parking	Parking	Parking	Parking	Ticket Taker	Football
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# Blackhawk Athletic / Activity Department Transaction List by Date October 2015

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### The First Tee Outreach Programs

### Overview of The First Tee National School Program

- Positive introduction to a life-long activity
- Motor skill concept and learning
- Character education-personal and social responsibility
- Health and wellness education
- Developmentally appropriate approach to teaching and learning



### **Objectives:**

- Mainstream golf and The First Tee Nine Core Values in elementary schools across the country
- Raise awareness and extend the reach of The First Tee to school children and families throughout the country
- Provide a complete golf program appropriate for today's elementary school physical education students and teachers
- Enable physical educators to introduce golf in a developmentally appropriate manner, consistent with national standards developed by the Society of Health And Physical Educators (SHAPE America)

### **Overview of The First Tee DRIVE**

- Positive introduction to a life-long activity
- Golf skill and concept learning
- Character education-personal and social responsibility
- Developmentally appropriate approach to teaching and learning



### **Objectives:**

- The First Tee <u>DRIVE</u>: <u>Develops <u>Rewarding Inspiring Values</u> for <u>Everyone</u></u>
- Created with youth development professionals and volunteers in mind
- Modifies traditional sports to incorporate the four basic golf shots of drive, chip, pitch and putt
- Fun and games are focused activities
- Integrates The First Tee Nine Core Values into each activity

### The First Tee Outreach Programs

### **PURPOSE**

### **Chapter Engagement**

- Increase footprint/relevancy in communities served
- Increase program offerings to thousands of young people in an affordable and practical manner
- Expand chapter's overall impact
- Support Outreach program leaders
- Provide transition opportunities



### How

### **How to Bring Outreach Programs to Your Community**

- Identify markets for implementation
- Research physical education platform and youth serving organization structure
- Identify funding for development
- Develop local leadership team

### **One-Time Investment**

The First Tee National School Program: \$3,250/per location

<u>The First Tee DRIVE</u>: \$2,500/per location <u>Combination School</u>: \$3,600/per location

(School that utilizes modified golf equipment for both programs)

Optional In-Person Training: \$2,750/per session

### **Funding Sources: Examples**

- The First Tee chapters
- Individual schools and school districts
- Individual youth-serving organizations
- PGA TOUR, Champions Tour, LPGA Tour, Web.com Tour events
- Golf industry partners
- Individuals
- Companies/Corporations
- Foundations/Grants
- The First Tee home office matching grants

### The First Tee Outreach Programs

### **IMPLEMENTATION PROCESS**

### The First Tee National School Program

- 1. Provide the names of sponsored school(s) and physical educator(s) to regional Outreach representative. See page 13 to find your regional Outreach representative.
- 2. Ensure that each school principal reviews, completes, and signs the Individual School Agreement (ISA). The completed forms may be returned to the home office via fax or email. The fax number and email address are provided on the form. In order for a school to be fulfilled, The First Tee Home Office must have a completed and signed Individual School Agreement.
- 3. Training Formats: Online eLearning Course and/or In-Person Training. Please see detailed training timeline on page 4.

Encourage teachers to complete the Online Training course with instructions that will be provided to them upon receipt of their signed Individual School Agreement. As signed forms are returned, a member of our training support team will forward elearning info to the teachers via email with a copy to you. Please note that those taking the course have 45 days to complete their training.

4. The First Tee National School Program curriculum manual and golf equipment will be shipped within 2 weeks of a teacher's completion of the eLearning course as long as an ISA form is on file and the school is sponsored to receive curriculum and equipment.

### The First Tee DRIVE

- 1. Provide the names of sponsored program location(s) and youth leader(s) to regional Outreach representative. See page 13 to find your regional Outreach representative.
- 2. Ensure that each organization leader reviews, completes, and signs the Program Agreement (PA). The completed forms may be returned to the home office via fax or email. The fax number and email address are provided on the form. In order for a program location to be fulfilled, The First Tee Home Office must have a completed and signed Program Agreement.
- 3. Training Formats: Online eLearning Course and/or In-Person Training. Please see detailed training timeline on page 4.

Encourage youth leaders to complete the Online Training course with instructions that will be provided to them upon receipt of their signed Program Agreement. As signed forms are returned, a member of our training support team will forward elearning info to the youth leaders via email with a copy to you. Please note that those taking the course have 45 days to complete their training.

4. The First Tee DRIVE activity guide and golf equipment will be shipped within 2 weeks of a youth leader's completion of the elearning course as long as a Program Agreement is on file and the program location is sponsored to receive the activity guide and equipment.



### Outreach Programs & In-Person Training Implementation Timeline

		State of the state			<b>国际企业的</b>	
Weeks Prior	6-8 Weeks Prior	6 Weeks Prior	4 Weeks Prior	3 Weeks Prior	1-2 Weeks Prior	Day of Training
Sponsor  Contact Outreach with sponsorship plans and a proposed date & location for training  Identify to Home Office individual facility or district to be sponsored.  If applicable, school district inservice day recommended.	Training Support  Contact SDC /OL  Send/Collect DTF/LTF  Send ISA/PA form  Training Date and Trainer identified (tentative)  Identify site for training. Full-size high school gym/training area required.	Training Support  Deadline for DTF/LTF  Upon approval of DTF/LTF, Training Date and Trainer are confirmed  Trainer arranges schedule and time out from work  If training date and site are not confirmed, the training will need to be rescheduled.	Training Support  Deadline for ISAs/PAs  Trainer books travel  Shipment prepared  Custom Sign-In Sheets and Labels for manuals/activity guides produced	Training Support  Ship training materials: handouts, manuals/activity guides & predetermined equipment needs.  Contact SDC/OŁ Re: Shipment	Training Support  Confirms shipment delivery with SDC/OL  Confirms access to training facility 75 minutes prior to training time  Sends Pre- training Fact Sheet to Trainer and others	Trainer  Arrives to Site 75 min prior to start  Organizes materia and equipment se up  Conducts Training  SOC  Opens gym/facility 75 min prior to sta  Sets up snacks and TV DVD  May assist with sign-in  Chapter or Home Office Staff  Manages Guests and Sponsors

National School Program

SDC – School District Contact

DTF – District Training Form

ISA – Individual School Agreement Form

The First Tee DRIVE
OL- Organization Leader
YL- Youth Leader
PA- Program Agreement
LTF- Location Training Form

\*In-Person trainings are based upon availability.

\*Max. limit for NSP in-person training is 45 educators

\*Max. limit for DRIVE in-person training is 24 attendees



The First Tee National School Program equips elementary schools with a program designed to introduce students to golf, core values and healthy habits. The goal of the program is to use activity-based learning that provides students with skills, knowledge, understanding, support and the opportunity to practice basic golf while adopting life-enhancing behaviors in physical education. This includes also empowering them to extend these skills and behaviors to their school, home and community lives.

The National School Program is designed to be implemented as a part of regular, in-school elementary physical education classes and is delivered by school-based physical educators. Currently involving millions of students and over 7,000 schools, the goal is to reach 10,000 elementary schools by 2017. Schools are provided with a complete introductory golf program appropriate for today's physical education students and teachers.

### Objectives of the program are to:

- Enable physical educators to introduce golf in a developmentally appropriate manner consistent with national P.E. standards developed by the Society of Health And Physical Educators (SHAPE America).
- Develop student appreciation for the positive personal and social values associated with the game with each lesson and extend those behaviors to other areas of their lives
- Engage students in daily lesson activities that lead to motor skill development
- Present golf to students as a lifelong recreation and healthenhancing activity

### Each participating school receives three tangible products and services:

- Curriculum: designed to align with national P.E. standards developed by SHAPE America.
- 2. **Equipment**: developmentally appropriate, introductory golf equipment
- 3. **Teacher Training:** professional development for participating physical education teachers.



"While teaching the National School Program lessons, the confidence level of students improves from beginning to end of the lesson. Many have never tried golf and assume it to be too hard. After going through the lessons they see that it is more than possible for them to play."

~ Deborah Tyler Hidden Hollow Elementary Humble ISD, Kingwood, TX

### Curriculum

The First Tee National School Program curriculum centers on four primary areas:

- 1. Lifelong activity
- 2. Character and health education—personal and social responsibility
- 3. Motor skill and concept learning
- 4. Developmental approach to teaching and learning

Participating students actively engage in a variety of motor skills associated with striking a stationary ball with a long-handled implement to a target. Striking is taught through the basic golf skills of putt, chip, pitch and full swing in gradual, safe progression to align with students' developmental process as teachers move students through 18 lessons throughout the elementary years. Basic skills are presented to students on how to hold, set up and safely swing a putter and a wedge. Cue word sequences are taught to enable students to better understand the body positions for performing the critical elements of each skill.



The National School Program lessons provide students with the opportunity to learn basic motor skill concepts of personal space, force, flow, relationships to objects and routines.

In addition to the golf skills and concept learning, character and health education are embedded within each lesson.

The First Tee Nine Core Values™ and The First Tee Nine Healthy Habits™ are included as objectives integrated into lesson activities to enhance ease of instruction for teachers and simplify learning for students. The core values and healthy habits are listed below:

- Nine Core Values: honesty, integrity, sportsmanship, respect, confidence, responsibility, perseverance, courtesy, and judgment
- Nine Healthy Habits: play, energy, safety, mind, family, vision, friends, school, community

Students learn about these life-enhancing values and habits while engaged in games and golf activities. Simple, easy-to-use rubrics enable teachers to track student progress while making the most of "teachable moments" during physical education classes. Additionally, information is provided to assist teachers with communicating how the core values and healthy habits apply in golf as well as other aspects of students' lives including other school activities and at home.

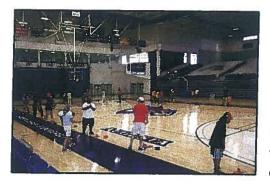
### **Equipment**



The National School Program utilizes developmentally appropriate equipment called SNAG\*. This equipment is durable, safe and consists of colorful, oversized, plastic clubs, tennis-style balls and a variety of targets. The introductory clubs are replicas of two basic traditional golf clubs, a putter and wedge. The heads are purposefully large and provide a hitting surface proportionately larger than the ball for easy learning and high success.

It is available for both right-handed and left-handed students. Schools receive enough equipment to deliver programming to up to 48 students per class. Diagrams showing equipment placement for each activity are included in the curriculum manual for each lesson plan, making set-up easy to understand and accomplish.

### **Teacher Training**



The First Tee offers two forms of training for schools to get started with the program: online and/or in-person

The interactive online training includes in-depth information on skills, concepts, core values and healthy habits. Authentic video of actual teacher lessons demonstrating how lessons are implemented with elementary students indoors and outside are included along with excerpts from the curriculum manual, safety protocols and class management, review questions and testing.

**In-person trainings** are conducted by The First Tee certified National School Program trainers. Arranged through The First Tee home office, school districts schedule half-day professional development sessions according to school calendars and in-service days. Professional development in-person training sessions are four hours and include activity demonstrations, hands-on participation, lesson plan review and practice, testing and surveys.

### **The First Tee National School Program Brochure**





### Overview

The First Tee DRIVE is the perfect activity for young people as it Develops Rewarding, Inspiring Values for Everyone.

The First Tee DRIVE is a set of 18 golf Activity Plans designed to provide a fun, engaging program which exposes young people to the behaviors associated with The First Tee Nine Core Values (Honesty, Integrity, Sportsmanship, Respect, Confidence, Responsibility, Perseverance, Courtesy, Judgment). Participants are exposed to these core value behaviors through games using sports that young people may already be familiar with, such as baseball, football, bowling and tennis; however, these games are modified to incorporate the four basic golf shots—putt, chip, pitch, and full swing.



These activities are played with modified golf equipment and are designed to offer participants opportunities to apply core value behaviors and basic golf strokes. At the end of each class, participants are challenged to apply these behaviors in other areas of their lives. The end goal is for participants to be exposed to The First Tee Nine Core Value behaviors during activities and for them to apply these behaviors both in and out of class.

This activity-based program has been specifically designed and written for youth-serving organizations. By using a golf platform, our goal is to extend the life skills and Nine Core Values of The First Tee to young people who may not previously have been exposed to the game of golf. The program Activity Plans are designed in a way that allows for indoor and outdoor set up to fit a variety of locations such as gymnasiums, basketball courts, baseball, football and soccer fields.



### **Components**

Participating locations are provided with the necessary elements to deliver the program including 1) modified golf equipment, 2) a comprehensive activity guide and 3) online training.

### 1) Modified Golf Equipment

The First Tee utilizes introductory golf equipment that is durable and safe for indoor or outdoor use. The equipment is modified, developmentally appropriate and consists of colorful oversized clubs, tennis-style balls and a variety of targets. The clubs are replicas of two basic traditional golf clubs, a putter and a wedge. The heads are purposefully large and provide a hitting surface proportionately larger than the ball for easy learning and increased success. Available for both right-handed and left-handed students, the equipment set is configured to include enough clubs, targets and balls to teach up to 30 participants per class.

### 2) Comprehensive Activity Guide

The Activity Guide is written with the youth development professional and volunteer leader in mind. The program is designed to fit in a variety of settings, addressing class time, class size and other parameters unique to youth-serving organizations. The curriculum includes 18 detailed Activity Plans, an information section explaining teaching methods, safety and class management procedures, instructional cue cards, golf terms and other helpful information for successful implementation.

### 3) Online Training

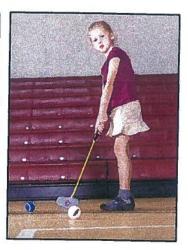
Our interactive online training includes video of actual Activity Plan sessions, excerpts from the Activity Guide, review questions and assessments.

### **Get Involved**

To get involved with The First Tee DRIVE, contact your local chapter of The First Tee (view locations at <a href="www.thefirsttee.org">www.thefirsttee.org</a>), a member of the Outreach Team at 904.940.4300 or send an email to <a href="mailto:DRIVE@thefirsttee.org">DRIVE@thefirsttee.org</a>.







## The First Tee DRIVE Brochure



## **The First Tee Programs**

Delivery Channel	What	Who	Where
Chapters	Life Skills Experience	Coaches	Golf Facilities & Community
The First Tee National School Program	Golf Motor Skills Core Values Healthy Habits	Physical Educators	Elementary Schools
The First Tee DRIVE	Golf Motor Skills Core Values	Youth Leaders	After School Locations: YMCA, BGCA, School Campus



## An Important Relationship Between Chapters and The First Tee National School Program

The First Tee commissioned a 2011 case study to examine the efficacy of The First Tee National School Program in a district without a chapter of The First Tee. This case study provided an in-depth view of how various implementation variables related to participant outcomes within a real-life context (see <a href="The First Tee National School Program: A Closer Look">The First Tee National School Program: A Closer Look</a>). In 2013, The First Tee authorized a second case study to examine the National School Program in a district that included a The First Tee chapter. Data were collected from 415 third, fourth and fifth grade students, nine physical education teachers, eight para educators, 20 parents and six The First Tee chapter coaches who had taught the National School Program during their physical education careers.

#### The Additive Effect

Findings from the 2013 case study of the National School Program support a long-standing belief in the power of the additive effect in promoting positive youth development. Resilience in young people is typically measured by the relationship between "risk factors" and "protective factors"—including caring adults and life skills such as resolving conflicts and managing emotions. The First Tee programs promote these protective factors and are positioned to assist youth in all contexts of their lives, in school, after school and during summer months.

Case study participants who attended The First Tee Life Skills Experience at the chapter in addition to exposure in the school setting showed the most benefits from the National School Program. While the number of elementary students involved in the chapter was low, there was a positive—or additive—effect for students receiving the material at school and\_at the chapter. The students self-reported engaging in more of the following desirable behaviors compared to students only in the National School Program: 1) knowing how to behave, 2) knowing how to work with others, 3) taking care of equipment and 4) playing for fun.

The Additive Effect

Know how to behave
Know how to work
with others
Take care of
equipment
Play for fun

#### **Recommendations for the Chapter**

- 1. Build relationships with physical educators to increase the likelihood of student transition from school to chapter.
- 2. Supplement the National School Program trainings by conducting follow-up workshops with physical educators.
- 3. Establish an annual event at the chapter's golf facilities for physical educators to increase the school-chapter connection.
- 4. Incent physical educators to come to the chapter program locations by offering opportunities to participate and engage in golf-related activities designed to help them improve their golf skills.
- 5. Offer opportunities for the National School Program students to attend field trips at the chapter's program locations and experience green-grass golf facilities.
- 6. Provide physical educators paid opportunities to be a "Golf Fitness Instructor" to support the Nine Healthy Habits at the chapter during the after school, weekend and summer classes.

#### CENTRAL ATLANTIC

Marian Eichholz Office: 904.940.4331 meichholz@thefirsttee.org

#### SOUTHEAST

Juan Escobar
Office: 904.940.4360
jescobar@thefirsttee.org

#### **Your Outreach Team**

#### CENTRAL PLAINS

RIVER

Henry Sandles
Office: 505.884.0145
hsandles@thefirsttee.org

#### MOUNTAIN

PACIFIC

Leon Gilmore

Office: 510.686.1346 lgilmore@thefirsttee.org

#### GREAT LAKES NORTHEAST

John Kutsch

Office: 904.940.4364 ikutsch@thefirsttee.org



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#### Resources

#### **The First Tee National School Program**

- More information on The First Tee Website-> The First Tee National School Program
  - See brochure and other helpful resources

#### The First Tee DRIVE

- More information on The First Tee Website-> The First Tee DRIVE
  - See Brochure and other helpful resources

#### **Promote Your Chapter**

- PR Tool Kit
- Media Relations
  - Including: Reach & Impact, Press Release Templates, Media Lists, Print & Broadcast PSAs, Print Collateral

#### **Best Practices**

- School Partnerships and The First Tee National School Program
- Fundraising

#### **Commonly Used Terms**

- Individual School Agreement "ISA"
  - Form to be reviewed, completed and signed by the principal of each school receiving The First Tee National School Program.
  - This form provides important logistic information needed to set up a school for the program.
     Items such as name and address of the elementary school along with name and email of PE teachers are requested.

#### Program Agreement "PA"

- Form to be reviewed, completed and signed by the organization leader of each program location receiving The First Tee DRIVE.
- This form provides important logistic information needed to set up a location with the program.
   Items such as name and address of the program location along with name and email of youth leaders are requested.

#### District Training Form "DTF"

Form to be completed and returned to the home office to request an in-person training for The
First Tee National School Program and The First Tee DRIVE. All requests for an in-person training
must be made no later than 8 weeks prior to requested training date.

The First Tee National School Program K-1 Lesson 1 (Front Side)

### National School Program 2.0 | K-1 Lesson 1

#### LEARNING OBJECTIVES

Core Value RESPECT: Listen and Follow Directions

Golf Skill/Concept TARGET: Golf is a Target Sport

Healthy Habit SAFETY: Play By the Rules

#### LESSON OVERVIEW

In the Core Learning Activity, players will focus on Respect by listening to and following directions during class and Target by focusing on getting the ball to stop at or near the target. During the Warm-up Activity, players focus on the health objective Safety by following the rules of the activity.

#### ASSESSMENT FOCUS (NASPE STANDARD)

Players identify critical elements of respectful listening and following directions. (\$ 5)

Players identify a variety of targets are used in golf activities. (S 2)

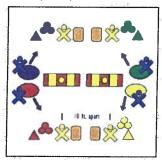
Players identify and understand rules that promote safety. (S 5)

#### LESSON ASSESSMENT TEACHER REFLECTION

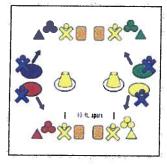
At the end of the lesson identify at least 3 things that went well (GOOD) with the lesson, and 1 thing to do differently for next delivery of this lesson to make it BETTER. Include HOW you plan to make it better.

#### CORE LEARNING ACTIVITY DESCRIPTION

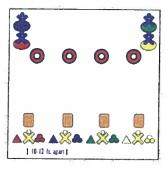
Players work with a partner as "Players" and "Caddies." All will work on the Core Value of respect by listening and following directions while participating in the activity. Targets are set at different distances at each station. "Players" stand near the tee-mat and their partner "Caddies" stand in the safety hula hoop. Players decide the best way to send the ball toward the target and get it to stop at or near the target. Each "Player" takes three turns and then switches positions with their Caddy partner following the procedures practiced in the Warm-up activity.



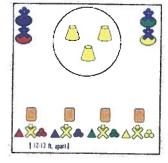
K-I: Roll ball with Hand - 6 ft



Station TWO K-I: Low bounce ball with Hand - 8 ft.



Station THREE K-I: Underhand Toss with Hand - 10 fc.



Station FOUR K-I: High overhand Throw with Hand - 20 fc























Equipment List





















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The First Tee National School Program K-1 Lesson 1 (Back Side)

### National School Program 2.0 | K-1 Lesson 1



#### WARM-UP HEALTHY ACTIVITY 5-10 Minutes

#### Healthy Habit SAFETY: Play By the Rules

- Behavior, Players respond that following the basic rules of an activity or game makes it safer for everyone.
- Safety is enhanced when everyone "plays by the rules." Rules were designed to make games/activities fair and safe.
   When everyone respects the rules by following them there is less chance that someone will get hurt.

Description: Using the set-up for Lesson Plan One, have everyone find a hoop to stand in or a tee to stand next to. Tell students: If in a hoop, point to the person dosest to you with conerballs that match the color of your hoop. That in your partner, If you are near the tee you are the Player, If you are in the hoop, you are the Caddy, Players go to your Caddy partner's hoop and greet them with a high-five or a linuclde bump. Now switch and Players become Caddies and stay in the hoop and Caddies go to the tee and become the Player. Have students move around the play area and find a different hoop and/or tee-mat. Ask them to point to their partner and make sure they know who is the Player and who is the Caddy. Have Players meet their Caddy partners at the safety hoop with a high-five or knuckle bump and switch positions. Remind them that Caddies may not leave their hoops until the Player meet/grees them at the hoop.

Learning/Assessment Prompts: Ask Players guiding questions to focus them on the Healthy Habit of Safety and "playing by the rules." Sample questions include: What are three of the rules of this activity. How is this activity more safe when everyone follows the rules?

#### CLOSURE 3-5 Minutes

#### Understanding - Achievement of Objectives

- Core Value How did you show respect in class?
  How many of you isterned to and followed directions
  today by rolling the ball (for example) when it was your turn?
  (ask for show of hands)
- Golf Skill/Concept What did you learn about golf today! How many said the word "target" today before you rolled or tossed the ball! (ask for show of hands) What was your target?

#### Application - Bridge to Life

 Core Value – What will you do to show respect in your next class today? How can you show respect in the classroom or at home?



#### CORE LEARNING ACTIVITY 15-25 Minutes

#### Core Value RESPECT: Listen and Follow Directions

- Behavior: Players respond that it shows respect when they listen to and follow directions during class.
- Listening to and following directions during class helps everyone learn and have fun while participating

#### Golf Skill/Concept TARGET: Golf is a Target Sport

[Introduce] Golf is a TARGET sport. The goal in golf is to move the ball from a starting point to an ending point which is the target. Explain the meaning of "target" – an object/area aimed at or a goal to reach. Their goal is to get the ball to stop near or at the target at each station.

 TARGET Cue: The instructional cue introduced in this lesson is "Target." This relates to teaching players to focus on the target as they participate in the activity by saying the word cue "Target" as they roll/bounce/underhand toss/overhand throw the ball toward the target.

[Introduce] Safety: See Healthy Habit activity and implement safety "rules" while participating in "Target" activity, Reinforce Safety protocols for taking turns and switching.

Description: Players work with a partner, As players participate prompt them to focus on listening to and following directions while participating to practice the core value respect. The following questions may be used to prompt players to think about and focus on getting the ball to the Target.

Learning/Assessment Prompts: During the activity, verbally reinforce individual players who are following directions or using the "target" cue. Ask guiding questions to focus their attention on these concepts. For example:

- Core Value What do you do to show respect when you are playing! (Listen to and follow directions.)
- Golf Skill/Concept What do you do to identify your "target" when it's your turn
  with the ball! When you say the word "target." how does it help you get the ball to the
  target! What is your target?

The First Tee DRIVE Activity Plan 6 (Front Side)

## Activity Plan 6 CHIPPING WITH CONFIDENCE



#### **OVERVIEW**

#### **OBJECTIVES**

Life Skills: Self-management

#### Core Value: CONFIDENCE

- Identifying something he/she is doing well regardless of the outcome
- Maintaining a positive attitude regardless of how he/she is playing

Golf Category: CHIP
Golf Skill: Chip with Balance

#### **ACTIVITY FOCUS**

Players will have opportunities to integrate confidence—identifying something he/she is doing well regardless of the outcome and maintaining a positive attitude regardless of how he/she is playing—while learning how to chip with balance.

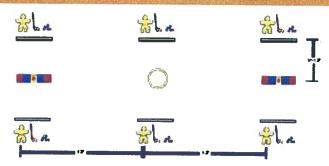
#### **EQUIPMENT**

- SNAG® Equipment
- Objects which can be utilized as targets
- Hoop

#### LOCATION

- Indoor (Gymnasium Floor)
- Outdoor (Tennis Court, Basketball Court or Baseball Diamond)

#### WARM-UP: GOLF T-BALL



SET-UP: Rolleramas, Wedges, Tees and Balls

#### PLAYER EXPLORATION—Ask Players questions such as:

- How far do you swing your club back when chipping a ball? How far do you follow through? How do you know if you are in balance when finishing? How long can you hold your finish?
- How do they hold the club! What is the grip pressure on the club! How do they set up before swinging!

#### CORE VALUE INTEGRATION—Coaches ask questions related to core value behaviors:

Players should be reminded to show confidence by finding something they are doing well and maintaining a
positive attitude.

#### **GAME DESCRIPTION**

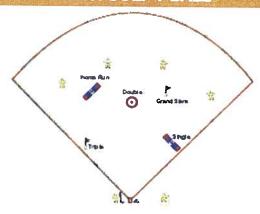
- Coach demonstrates chipping a ball. Highlight a balanced swing of arm (equal distance back and through) and a balanced finish (hold finish for at least three seconds).
- Players partner up and station will get four balls and one wedge to bat (chip) to the Rollerama.
- Player's goal is to "hit for cycle", the right blue square is a single, the center Bullseye is a double, and the left blue square
  is a triple. Either red square or inside the hoop is a home run.
- When at the Rollerama, players must follow the order of a single, double, triple, and home run, if they get all four, they
  can then play a fifth ball to the other red square for a "Grand Slam."
- Balls missing the square or hoop are foul balls. When a player hits a foul ball or misses the order of the targets, they step aside and let their partner go.

The First Tee DRIVE Activity Plan 6 (Back Side)

## Activity Plan 6 CHIPPING WITH CONFIDENCE



#### PLAY: GOLF T-BALL



SET-UP: Rolleramas, Bullseye, Flagsticks, Wedges, Tee, Balls and Hoop

#### PLAYER EXPLORATION—Coaches model and ask questions related to golf skills:

- When players are waiting for their turn, in the on-deck direle, ask them to demonstrate their chipping stroke.
- Ask if their length of swing is balanced (back and through). Are they balanced when they finish? Can they hold their finish until the ball stops rolling? This self-discovery process facilitates learning and empowers players to find their balance when chipping.

#### CORE VALUE INTEGRATION—Coaches model and ask questions related to core value behaviors:

- Ask players to show confidence by identifying something he/she is doing well regardless of outcome and maintaining a
  positive attitude regardless of how he/she is playing.
- Each player should demonstrate confidence during the game. Assist players to identify things they are doing well and reward players who maintain a positive attitude.

#### **GAME DESCRIPTION**

- Divide players into teams of four or five.
- Each player hits a chip, if they hit a target then they take their base, if they miss a target, they get a strike and another chance.
- Three strikes and the player is out. Team keeps track of how many runs they score.
- They bat through the order three times or until team gets three outs.

#### WRAP-UP

Interact with group in a way that, based upon today's activities, draws out their experiences, understanding, and application. The questions below may be used as a model; or coaches can develop their own. Engage participants for approximately five minutes and help them bridge the use of skills learned through golf to other areas of their fives.

#### **EXPERIENCE:**

- How would you describe your experience today?
- How was it fun? How was it challenging?
- What was most interesting to you?

#### UNDERSTANDING:

- What kinds of things did you learn today?
- What did you learn about golf!
   Chipping! Balance!
- What are the cues for chipping with balance?

- What did you learn about confidence!
- What behaviors are associated with confidence?

#### APPLICATION:

- What areas of your life can you use what you have learned today!
- How are you going to use the skills you have learned today to improve other areas of life!
- What is a specific example of how you are going to apply what you have learned today to school, family, friends or other?

#### COACH NOTES:

- Use open-ended questions that typically begin "how" and "what."
- Allow players to complete all sentences without interruption.
- Be comfortable with silence, allowing players adequate time to provide thoughtful responses.

### **PROCESS:**

- Sign School Agreement
- Upon home office receipt of agreement and check, on line training will be set up for P.E. teachers
- Training is on line 2 ½ hours and can be done at your own speed
- Training give non golfers all the cues to deliver the program
- Upon completion of training equipment will be shipped to Blackhawk

Delivery time of curriculum is determined by your schedule. Number of days per class, per school, Example equal time as other basetball/soccer curriculums

Will the equipment rotate schools or permanent per school How many teachers? How many schools?

Some reporting by year end. # of students

If possible – breakdown of gender, ethnicity

Currently in Midland Elementary School Jacob Ludwig – Teacher – phone 330-843-3361 Brenda Militello – Principal – 724-643-8650

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## INDIVIDUAL SCHOOL AGREEMENT The First Tee National School Program<sup>TM</sup>

We are excited to offer The First Tee National School Program<sup>TM</sup> to the students in your school. This golf program provides basic information on learning the game of golf as a lifelong health and fitness activity while each lesson emphasizes skills, concepts and one of The First Tee<sup>®</sup> Nine Core Values: honesty, integrity, sportsmanship, respect, confidence, responsibility, perseverance, courtesy and judgment. We look forward to working with you to provide your students an opportunity to develop skills that will benefit them on and off the golf course. Thank you for your participation and agreement to follow the program requirements listed below.

## As a participating school in The First Tee National School Program, your school will receive from The First Tee:

- 1. TRAINING: Training session for a K-5th Grade Physical Educators teaching in your school.
- 2. CURRICULUM: One curriculum manual containing resource materials and progressive lessons for kindergarten through grade 5 adapted from national physical education standards developed by NASPE®.
- 3. EQUIPMENT: One set of developmentally appropriate, modified golf equipment designed and configured for teaching large groups safely.

## As a participating school in The First Tee National School Program, your school agrees to the following:

- 1. TEACHER TRAINING: Deliver the program using school Physical Educators trained and certified according to The First Tee National School Program.
- 2. SAFETY: Read and follow all safety protocols described in the curriculum manual.
- 3. MINIMUM HOURS: Implement the program within your Physical Education curriculum, as stipulated in The First Tee curriculum manual. Teach the program to allow students the same amount of participation time and lesson exposure as offered to them in their other Physical Education activities.
- 4. STUDENT IMPACT: Teach the program to at least half of the students assigned to you within K-5 by year one and all students by the third year (and years that follow) to the grades you provide P.E. instruction.
- 5. **REPORTING**: Complete and return forms and survey information as needed by The First Tee to enable additional support, and effective evaluation and improvement of the program.

Note: Participation is subject to terms and conditions of payment. The curriculum manual and golf equipment are the property of the participating school. Some schools might share the manual and/or equipment per sponsor agreement. Additional training, manuals and equipment are available for purchase by contacting The First Tee at <a href="https://www.TheFirstTee.org">www.TheFirstTee.org</a>. In the event a new Physical Educator is hired by the school, or more than one teacher wants to deliver the program, that teacher must complete the National School Program training (free of charge) to become certified to deliver the program.

## RETURN COMPLETED FORM TO: DEBBIE SMITH, FAX (904) 940-1556 or dsmith@thefirsttee.org

SCHOOL:		SCHOO	L DISTRICT:		
School Address:					Zip
School Phone: ()	School Distr	rict EIN (Em	ployer Identific	ation Number):	
Percent Free & Reduced Lunch:	%	Number	of students enr	olled in school:	
Physical Educator(s) ~					7
Print Name:			Email:		
Print Name:					· · · · · · · · · · · · · · · · · · ·
Print Name:					
Principal ~					
Sign Name:			Email:		
Print Name:					
	Sponsor:		· · · · · · · · · · · · · · · · · · ·		
SNAG® Shipment Date:					
Instructions:	_ Multi PE 🗆	Sharing	New PE □	Database:	

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SCHOOL:		SCHOOL DISTRICT:		
School Address:			State	Zip
School Phone: ()	School Distric	t EIN (Employer Identific	cation Number):	
Percent Free & Reduced Lunch:	<u></u> %	Number of students en	rolled in school:	
Physical Educator(s) ~				
Print Name:		Email:		
Print Name:		Email:		
Print Name:		Email:		
Principal ~				
Sign Name:		Email:		
Print Name:				
HOME OFFICE USE ONLY:	Sponsor:			1
eLearning Completion:			etion:	
SNAO Shipment Date:		Manual Ship or D	eliver Date:	
Instructions:	Multi PE □ SI	haring □ New PE □	Database:	

The Blackhawk School District's Athletic Department is sponsoring a Sports Medicine Presentation on Tuesday, November 17, 2015 at 7:00 p.m. in the Blackhawk High School Auditorium.

The following is the schedule of speakers:

7:00 p.m. – David Tumbas – Welcome and Introduction of UPMC Sports Medicine Experts

7:10 p.m. – Dr. Vonda Wright – Opening Remarks – UPMC Lemieux Sports Complex

7:30 p.m. – Dr. Mark Sakr – Sports Medicine Injuries

7:50 p.m. – Mark McMillen – Centers for Rehab Services (Physical Therapy Facility Director – Chippewa Office)

8:10 p.m. – Dr. Jon French – UPMC Sports Medicine Concussion Program

8:30 p.m. – Lorne Goldenberg – UPMC Sports Performance (Director of Sports Performance – UPMC Lemieux Sports Complex

8:50 p.m. - Q & A

### 2015 WPIAL Summit on Sportsmanship

At The Heinz History Center and Sports Museum



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Thursday, November 12, 2015 Registration: 9 am-9:30am

Welcome and Statement of Purpose (9:45-10am)
Tim O'Malley/Executive Director/WPIAL
First Commonwealth Bank/Dan Hooper

Kickoff Speaker (10:00-10:15am)
Larry Richert/KDKA Radio Personality/Steeler Announcer
"Social Media and Interscholastic Athletics"

Heinz Sports Museum Discovery Zone (10:15-10:35 am)
"Respect the Game" Hunt

Speaker (10:35-10:50)
Meg Bulger/Former Oakland Catholic and WVU Athlete
"Respect Begins with You"

Speaker (11:00-11:10)
Rachid Ibrahim/Pitt Football
"Dealing with Personal Adversity"

2015 WPIAL Sportsmanship Award Winners Presentation Dan Cardone (11:15-11:35) "Good Deeds on Gameday"

Speaker (11:40-12:00)
Bruce Gradkowski/Pittsburgh Steeler QB and former local HS athlete
"To Be Your Best; You Must Give Your Best"

# Blackhawk School District September Work Plan 2015-16 School Year

Department/Division: District Wide

Goal Area: To work with principals to update student progress, staffing concerns, delivery of services and capital projects progress

Who
Monitor & Evaluate Person(s) Persons involved Evidence of responsible implementation
Dr. Melanie Kerber Dr. Melanie Kerber
Melanie Kerber Admin Team Admin Team
Melanie Kerber Melanie Kerber
Melanie Kerber Melanie Kerber

morning coffee	scheduled	questions and				Cafeteria
with parents		answers				
6. Attend safety	Meetings attend	Next steps are	Melanie Kerber	Melanie Kerber	November 16-30	District Office
and security	and summary	identified re: safety	<b>Board Members</b>	Board Members		
conference	briefing given to	handbook revision	Administrators	Administrators		
November 12 and	board and					
13 at Nemacolin	administrators					
7. Meet with	RMU has signed	Grant is prepared	Melanie Kerber	Melanie Kerber	November 4-30	District Office
Robert Morris	off on proposal	for submission by	Grant writers	Grant writers		
faculty re:	and roles defined	end of the month	Administrators	Administrators		
institutional						
research and data						
gathering						
8. Complete NSF	Application is	Application ready	Melanie Kerber	Melanie Kerber	November 3-30	Central Office
grant application	completed and	for submission by	Grant Writers	Grant Writers		
narrative	approved	November 30	RMU faculty	RMU faculty		

Book

Policy Manual

Section

800 Operations

Title

Suicide/Crisis Management

Number

819

Status

Under Revision

Legal

Adopted

September 21, 2006

Last Revised

November 19, 2015

#### 1. Purpose

The Board adopts this policy in acknowledgement of the District's commitment to maintaining a safe school environment; to protect the health, safety and welfare of its students; to promote healthy development; and to safeguard against the threat or attempt of suicide among school-aged youth. The impact of students' mental health on their academic performance and the effect of mental health issues and suicide on students and the entire school community are significant. Therefore, in order to ensure the safety and welfare of students, the District will work to educate school personnel and students on the actions and resources necessary to prevent suicide and promote mental well-being.

#### 2. Authority

This policy shall apply in any situation where a student is expressing suicidal thoughts or intentions of self-harm on school property, at any school-sponsored activity, or on any public vehicle providing transportation to or from a school or school-sponsored activity. This policy shall also apply following a student's suicide threat or attempt that does not occur on school grounds or during a school-sponsored activity, but that is reported to any school personnel.

#### 3. Publication

The District will notify its school personnel, students and parents/guardians of this policy and will post the policy on the District's website.

#### 4. Definitions

At Risk for Suicide shall mean any youth with risk factors or warning signs that increase the likelihood of suicidal behavior.

Chief School Administrator shall mean the superintendent of a school district

Crisis Response Team shall include, but may not be limited to, the administrators, guidance counselors, the school nurse, social worker, and school resource officers, and/or other members of the Student Assistance Program (SAP), as designated, and may include other members as deemed appropriate by the chief school administrator/district. Community mental agency resources may be called for assistance to be a part of the team.

Expressed Suicidal Thoughts or Intentions shall mean a verbal or nonverbal communication that an individual intends to harm him/herself with the intention to

die, but has not acted on the behavior.

**Prevention** refers to efforts that seek to reduce the factors that increase the risk for suicidal thoughts and behaviors and increase the factors that help strengthen, support, and protect individuals from suicide.

**Protective Factors** shall refer to characteristics (biological, psychological, and social) that reduce risk and the likelihood of the individual developing a mental illness.

**Resilience** shall refer to an individuals' innate ability to persevere in the face of adversity and reduce the risk of unhealthy outcomes.

**Risk Factors** shall mean the personal or environmental characteristics associated with suicide. People affected by one or more of these risk factors have a greater probability of suicidal behavior.

**School Connectedness** shall mean the belief by students that adults and peers in the school care about their learning as well as about them as individuals

**School Personnel** include, but may not be limited, administrators, teachers, paraprofessionals, support staff, coaches, custodians, and cafeteria workers.

**Suicide** shall refer to death caused by self-directed injurious behavior with any intent to die as a result of the behavior.

Suicidal Act or Suicide Attempt shall mean a potentially self-injurious behavior for which there is evidence that the person probably intended to kill him/herself; a suicidal act may result in death, injuries, or no injuries.

**Warning Signs** are evidence-based indicators that someone may be in danger of suicide, either immediately or in the very near future.

5. Suicide
Awareness and
Prevention Education

The District shall utilize a multifaceted approach to suicide awareness and prevention education, which includes the following:

#### Staff Development

All school personnel, including, but not limited to, administrators, teachers, paraprofessionals, support staff, coaches, custodians, and cafeteria workers, shall receive information regarding the school's protocols for suicide awareness and prevention. Information will be provided for all school personnel about the importance of suicide prevention and recognition of suicide risk factors, as well as strategies to enhance protective factors, resilience, and school connectedness. Additionally, school personnel will be educated about the warning signs and risk factors for youth depression and suicide.

As part of the District's Professional Development Plan, professional staff in all school buildings serving students in grades six (6) through twelve (12) shall

participate in four (4) hours of youth suicide awareness and prevention training every five (5) years.

#### Prevention Education for Students

Students shall receive age-appropriate education on the importance of safe and healthy choices, coping strategies, how to recognize risk factors and warning signs, as well as help-seeking strategies for self or others including how to engage school resources and refer friends for help. Lessons shall contain information on comprehensive health and wellness, including emotional, behavioral, and social skills development.

#### 6. Methods of Prevention/Intervention

#### Intervention/Prevention

In compliance with state regulations and in support of the school's suicide prevention methods, information received in confidence from a student may be revealed to the student's parents or guardians, the building principal or other appropriate authority when the health, welfare, or safety of the student or other persons is at risk.

Any school personnel who has identified a student with one or more risk factors, or warning signs, or who has an indication that a student may be contemplating suicide, shall refer the student for further assessment and intervention in accordance with the District's referral procedures.

The District shall create an emotional or mental health safety plan to support a student and the student's family if the student has been identified as being at increased risk of suicide.

For students with disabilities who are identified as being at-risk for suicide or who attempt suicide, the appropriate team shall be notified and shall address the student's needs in accordance with applicable law, regulations and Board policy.

Any school personnel who are made aware of any threat or witnesses any attempt towards self-harm that is written, drawn, spoken, or threatened shall immediately notify the principal or designee. Any threat in any form shall be treated as real and dealt with immediately. No student should be left alone, nor confidence promised. In cases of life-threatening situations, a student's confidentiality will be waived. The District's crisis response procedures shall be implemented.

If an expressed suicide thought or intention is made known to any school personnel during an afterschool program and the principal or designee are not available, call County Emergency Services, at 1-800-400-6180 or 724-775-5208, 1-800-SUICIDE, or 1-800-273-TALK for help. Thereafter, immediately inform the principal of the incident and actions taken.

#### 7. Methods of Response

The District shall establish a crisis response team(s). The crisis response team(s) may include, but is not limited to, administrators, guidance counselors, the school

nurse, social worker, school police officer or school resource officer, and/or teachers and other members of the school's Student Assistance Program team.

The crisis response team(s) should also include individuals designed as coordinators and/or investigators on cases involving peer-to-peer harassment, as required under federal law. These individuals will help identify overlapping risk factors, including hostile environments created by persistent or severe harassment on the basis of gender, race, disability, or other protected classes.[1]

#### Response to Suicide or Suicide Attempt on Campus

The first school personnel on the scene of a suicide or suicide attempt must follow the District's crisis response procedures, and shall immediately notify the principal or designee.

The District will immediately notify the parents or guardians of the affected student(s)

#### 8. Methods of Reporting

#### **Procedures for Parental Involvement**

Parent or guardian of a student identified as being at-risk of suicide must be immediately notified by the school and must be involved in consequent actions. If any mandated reporter suspects that a student's risk status is the result of abuse or neglect, that individual must comply with the reporting requirements of the Child Protective Services Law.

If the parent or guardian refuse to cooperate and there is any doubt regarding the child's safety, the school personnel who directly witnessed the expressed suicide thought or intention will pursue a 302 involuntary mental health assessment by calling County Emergency Services, at 1-800-400-6180 or 724-775-5208 and ask for a delegate. The delegate will listen to concerns and advise on the course of action. If a 302 involuntary mental health assessment is granted, the first-hand witness will need to be the petitioner, with support from the principal or other central office administrator.

#### 9. Resources

#### Resources for Youth Suicide Awareness and Prevention

A comprehensive set of resources for youth suicide awareness and prevention is accessible through the PA Department of Education at <a href="https://www.education.pa.gov">www.education.pa.gov</a>

PA Youth Suicide Prevention Initiative – http://payspi.org/

Oct.2014 Dear Colleague Letter related to peer harassment of students with disabilities: http://www2.ed.gov/about/offices/list/ocr/publications.html#Section504

Suicide Prevention Resource Center – http://www.sprc.org/

American Foundation for Suicide Prevention - http://www.afsp.org/

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2012 National Strategy for Suicide Prevention: Goals and Objectives for Action

[1]Please see U.S. Department of Education, Office for Civil Rights (OCR), guidance related to disability discrimination and sex discrimination for more information: http://www2.ed.gov/about/offices/list/ocr/publications.html

Last Modified by Melissa Delmonico on November 16, 2015

## PENNSYLVANIA DEPARTMENT OF EDUCATION

#### Suicide Awareness and Prevention Administrative Regulation

#### **Staff Development**

Training Effectiveness:

Best practices in suicide prevention have found that improved outcomes (i.e., greater reduction in suicidal thoughts and behavior after training) are more likely when professional staff training is spread out over an extended period of time, as opposed to one long training session and then not revisiting training for several years.

Additional professional development in risk assessment and crisis intervention shall be provided to guidance counselors, mental health professionals and school nurses, and any individual that would reasonably be expected to assess at-risk individuals.

School staff should also receive training to better understand the intersection of suicide prevention and intervention and other responsibilities related to student safety (bullying prevention<sup>1</sup>, sexual harassment, gender-based violence, relationship violence<sup>2</sup>, etc.), including how incidents are documented, involvement of key staff in case evaluation, investigations, and interventions.<sup>3</sup>

Additional protocols to consider for (general) awareness and prevention education:

- 1. Defining behavioral, emotional, and mental health disorders.
- 2. Defining minimal policy standards and expectations.
- 3. Establishing communication through a chain of command.
- 4. Determining appropriate staff trainings and appropriate trainees.
- 5. Awareness of and familiarity with appropriate resources.
- 6. Selecting appropriate resources and materials.

#### **Early Identification and Referral**

Early identification of individuals with one or more suicidal risk factor is vital to a District's suicide prevention efforts.

**Risk factors** refer to personal or environmental characteristics that are associated with suicidal behavior including, but not limited to:

- 1. Behavioral Health Issues/Disorder
- 2. Depression
- 3. Bipolar disorder or other mood disorder

<sup>&</sup>lt;sup>1</sup> OCR "Dear Colleague Letter: Responding to Bullying of Students with Disabilities", October 21, 2014. http://www2.ed.gov/about/offices/list/ocr/publications.html#Section504

<sup>&</sup>lt;sup>2</sup> OCR Title IX guidance available here: http://www2.ed.gov/about/offices/list/ocr/publications.html#TitleIX

<sup>&</sup>lt;sup>3</sup> Please see the U.S. Department of Education, Office for Civil Rights (OCR), for guidance related to disability discrimination, sex discrimination, and other concerns. Reading Room: http://www2.ed.gov/about/offices/list/ocr/publications.html

- 4. Substance abuse or dependence
- 5. Previous suicide attempts
- 6. Self-injury
- 7. Hopelessness/low self-esteem
- 8. Loneliness/social alienation/isolation/lack of belonging
- 9. Poor problem-solving or coping skills
- 10. Impulsivity/risk-taking/recklessness
- 11. Adverse/stressful life circumstances
- 12. Gender identity/sexual orientation
- 13. Homelessness
- 14. Interpersonal difficulties or losses
- 15. Disciplinary or legal problems, including school disciplinary issues
- 16. Bullying (victim or perpetrator; target, aggressor and/or witness)
- 17. School or work issues
- 18. Physical, sexual or psychological abuse
- 19. Exposure to family or peer suicide
- 20. Family characteristics lots of conflict, few activities
- 21. Family history of suicide or suicidal behavior
- 22. Family mental health problems, including alcoholism
- 23. Divorce, death of parent
- 24. Parent-child conflict

Warning signs are evidence-based indicators that someone may be in danger of suicide, either immediately or in the future. These signs may mean that a youth is at risk for suicide, particularly for youth who have attempted suicide in the past. Risk is greater if the warning sign is new and/or has increased and if it seems related to an anticipated or actual painful event, loss, or change. Finally, the presence of more than one of the following warning signs may increase a youth's risk for engaging in suicidal behaviors.

- 1. Talking about or making plans for suicide.
- 2. Expressing hopelessness about the future.
- 3. Displaying severe/overwhelming emotional pain or distress.
- 4. Showing worrisome behavioral cues or marked changes in behavior, particularly in the presence of the warning signs above. Specifically, this includes significant:
  - a. Withdrawal from or changing in social connections/situations.
  - b. Recent increased agitation or irritability.
  - c. Anger or hostility that seems out of character or out of context.
  - d. Changes in sleep (increased or decreased).

#### Intervention

The District shall approve intervention and assessment procedures that contain:

- 1. Procedures for responding to various risk scenarios.
- 2. A suicide assessment instrument to be used by training school and or mental health staff (counselors, psychologists, social workers).
- 3. Guidelines for staff after conducting suicide assessment.
- 4. Guidelines for collaborating with community mental health agencies.
- 5. Guidelines for emergency evaluation referrals.
- 6. Guidelines for notification of parents/guardians.

The following procedures will be followed in response to expressed suicide thoughts or intentions:

- 1. The staff member who learns of the expressed thoughts or intentions will locate the individual and arrange for or provide constant adult supervision.
- 2. The above-mentioned staff member will immediately inform the principal or designee.
- 3. The principal or designee will involve the school nurse practitioner and other staff as he/she sees fit.
- 4. The appropriate staff or approved agency provider will determine risk and intervention needed by interviewing the student and gathering appropriate supportive documentation from teachers or others who witnessed the expressed suicide thought or intention.

#### The principal or designee will:

- 1. Contact the parent or guardian, apprise them of the situation, and make recommendations.
- 2. Put all recommendations in writing to the parent or guardian.
- 3. Keep a record of/document how contact was made/established.
- 4. Maintain a file copy of the letter in a secure and appropriate location.
- 5. If the student is known to be currently in counseling, the principal or designee will attempt to inform his/her treatment provider in writing of what occurred and the actions taken. Encourage the family to sign a Release of Information at their treatment provider's office allowing communication between the school and the provider. This level of communication will help facilitate a return to school should an absence be warranted.
- 6. Notify the chief school administrator or central office.

#### Methods/Procedures for Community Support/Outreach

If an expressed suicidal thought or intention is made during an afterschool program and no school personnel are available, call County Emergency Services at 1-800-400-6180 or 724-775-5208, 1-800-SUICIDE, or 1-800-273-TALK for help. Inform the principal of the incident and actions taken.

Procedures for facilitating a student's return to school for members of the crisis response team:

- 1. Prior to the student returning to school, schedule a meeting between designated school staff from the crisis team and parent or guardian to discuss possible arrangements for support services and to create an individual re-entry plan.
- 2. Be familiar with the basic information of the case.
- 3. Maintain regular contact with the family.
- 4. Serve as a liaison between the student, family, and teachers with family permission.
- 5. Monitor the student's progress.
- 6. Closely monitor the student's re-entry into school and maintain contact with the student's parent or guardian and mental health provider.
- 7. If the student is unable to attend school for an extended period of time, determine how to help them complete course requirements. Assistance can include, but is not limited to, homebound instruction and/or a 504 plan to assist with accommodations.